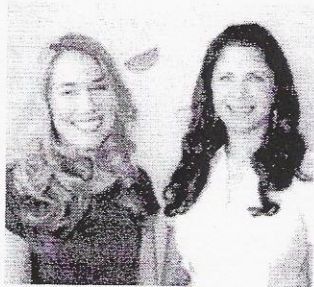


The Natural Approach To Collagen Is To — Make Your Own

By Gina Bliton and Jiji Cook,
Acupuncture Physicians

Remember when you used to wake up in the morning and your skin had that natural glow just from a good night's sleep and a dab of moisturizer? The blood flow and circulation of nutrients is very active when you are young. Your skin is full of collagen, circulation and quick renewal of cells. You look fresh and rejuvenated without having to work hard at it.



Gina Bliton and Jiji Cook

As we age the overall activity and circulation slows.

There are more and more elaborate tricks to trying to look younger these days. Plastic surgical lifts, laser treatments and dermabrasion, who can decide? These treatments have a downside in that they actually thin your skin. During laser and thermal treatments, fibrous tissue, aka scar tissue, is formed. Basically these therapies thin the skin by damaging tissue at a deep level, so the skin reacts with scarring because of the critical depth of the skin injury. Another popular option is Botox which has potential short-term side effects and any long-term side effects are unknown. Don't you wish it could be simpler and that a natural therapy would get dramatic results?

In contrast to mainstream options, the collagen facial we offer stimulates a response of cell regeneration that is safe and achieves the most natural and truly youthful look. It is so much more than just simply "not having wrinkles."

What is it that makes youthful skin so beautiful?

1. Glow
2. Plumpness and thickness
3. Firmness
4. Smoothness

To achieve "glow" the basic theory of Oriental medicine

is to increase blood flow to stimulate the body to heal itself. Our procedure generates a true healing response, which is cell regeneration and collagen synthesis. Collagen is the most full and complex fiber reflecting the look of youth in your skin. Collagen is responsible for thickness, elasticity and firmness of facial muscles.

Our facial offers you a way to **produce your own collagen**, instead of applying it or injecting it. The result is more natural and longer lasting. Our collagen therapy is popular throughout Europe. It is the most effective, scientifically proven, natural way to stimulate your body to re-grow its own natural collagen.

It works for large surface areas beyond just the wrinkles, to affect the full face, with optional additions of the neck, décolleté, hands, abdomen, scars and other troublesome areas. Once collagen is built up, it lasts for a long time, so results last between five and 10 years.

Gina Bliton and Jiji Cook are co-founders of Seaside Acupuncture in Juno Beach. If you would like to learn more about this unique and exciting way to keep you looking youthful, call for a consultation to see if this procedure would be right for you at (561) 693-4460.